

Horses and Healing Symposium June 2- June 8, 2008

Horse Power in Temple, NH 03084
www.horse-power.org
603-654-6308



*Introducing THE 2008
HORSES and HEALING
SYMPOSIUM...Our Best Ever*



Greetings from Horse Power

Following a 20 year tradition of warm welcomes, hearty hospitality and power-packed presentations, it is our most sincere hope you will join us for the 17th Annual Horses & Healing Symposium!

We are so excited to welcome you in June to Horse Power to experience the creativity, synergy and hands on learning from top notch professionals. Our goal is for you to leave the Symposium more inspired, nurtured and educated and to prepare you for success in YOUR endeavors. Enjoy one or more days of lectures, hands-on demonstrations, workshops, evening entertainment, inspiring success stories, interactive think tanks, and hearty local entertainment and food.

Full Horses and Healing Symposium is
Thursday June 5th to Saturday June 8th

Schedule Overview

Monday June 2nd and Tuesday June 3rd

NARHA Registered Instructor Onsite Workshop

Wednesday June 4th

NARHA Registered Instructor Certification

Administration Track: Taking Your Business to the Next Level for Success and Growth

Thursday June 5th

Equine Facilitated Psychotherapy and Educator Track
Therapeutic Horsemanship and EFMH Instructor Track
Special Evening Session: "Treatment Planning for our Therapy Horses"

Friday June 6th

Equine Facilitated Psychotherapy and Educator Track
Therapeutic Horsemanship and EFMH Instructor Track

Saturday June 7th

Equine Advocacy Track

Sunday June 8th

First Annual Mountain Meditation Trail Ride in honor of Suz Brooks, Ph.D



Session Overview



Schedule

Monday June 2nd - Wednesday June 4th

NARHA Registered Instructor Onsite Workshop and NARHA Registered Instructor Evaluation

Tuesday June 3rd

Administration Track: *Taking Your Business to the Next Level for Success and Growth*

4pm Check-in
5pm Farm Tour
6:30pm Dinner
7:15-9pm Evening Program

Wednesday June 4th

Administration Track: *Taking Your Business to the Next Level for Success and Growth*

8:45am Check-in with Boo
9-10:15am Building the Team to Make the Mission Come Alive
10:30-11:45am Taking Financial Management to New Heights for your Organization
12-12:45pm Lunch
12:45-2pm Marketing...Telling Your Story
2:15-3:30pm Insurance: What Good Local Coverage Looks and Feels Like
3:45-5pm Fundraising with Confidence
5-5:30pm Closing Ceremony
6-7pm Symposium Opening Reception
7pm Dinner
8pm Social Networking

Thursday June 5th

Equine Facilitated Psychotherapy and Educator Track

9am Opening Ceremony and Introductions
9:30am The Healing Herd and Community
10:00am Observations of the Herd
10:30am Break
10:45am Process of the Observation
12:15pm Lunch
1:30pm What Horses offer to our Clients & Us
2:15pm Potential Exercises to Assist Healing
3pm Break

3:15pm In the Arena Experiencing the Horses
4:30pm Process
5pm Close for the Day

Therapeutic Horsemanship and EFMH Instructor Track

9am Registration
9:30-10:15am The Many Faces of Autism
10:30-11:30am Natural Horsemanship: Partners, Boundaries, Connection, Staying the Moment; Congruency
11:45-12:45pm Earthkeepers
1-2:30pm Therapeutic Driving and its Benefits for Adults with Physical and Cognitive Challenges
2:45-4:15pm Interactive Vaulting and its Benefits
4:30-5:15pm Therapeutic Driving for Mental Health and Education
5:15-6pm Let's Really Teach our Riders to Ride and Ride Well
7:30-9pm Extra: Treatment Planning for our Therapy Horses

Friday June 6th

Equine Facilitated Psychotherapy and Educator Track

9am Opening Ceremony and Registration
9:30am How Therapy and Education Goals Guide the Work
10:15am Break
10:30am Designing a Session: Treatment Plans and Writing Notes
12:15pm Lunch
1:30pm Into the Arena: Run-through Using Treatment Plans we designed
3pm Quest
4:45pm Process and Closing Ceremony
6:30pm Country Chicken Barbecue

Therapeutic Horsemanship and EFMH Instructor Track

9am Opening Ceremony and Registration
9:30-11am Common Sense Training of the Therapy Horse
11:15-12:45am Your Grateful Horse: Creating Symmetry Between Horse and Rider
1-2pm Lunch

Session Overview

2-3:30pm Integrated Riding
3:45-5pm Let the Creative Juices Flow
6:30pm Country Chicken Barbecue

Saturday June 7th

Equine Advocacy Track

9am Registration and Greetings
9:30am Introductions of the Participants
10-10:30am Blessing of the Animals
10:45-12:30pm How Lamé is too Lamé?
12:30-2pm How can NARHA Centers Best Advocate for their Horses
2-3pm Where to find Suitable Horses for the Therapeutic Horsemanship Setting and the all Important Donation Process
3:15-4:30pm When is it Time to Put Down a Beloved Horse...the Head and Heart of Making the Right, Ethical Decision
4:30-5:30pm Once the Decision is Made, How Do We Best Take Care of the People Who Love the Horse and Ceremony
5:45 pm Final goodbyes and Wrap-up
7pm Night on the town or dinner at the lodge

Sunday June 8th

First Annual Mountain Meditation Trail Ride

9am Meet at the Stepping Stone Lodge
5pm Ride will conclude with a ceremony



Session Details



Monday and Tuesday: Pre-Conference Workshop

NARHA Registered Instructor Certification On-site Workshop June 2 & 3, 2008

Join us at Horse Power to take your NARHA Instructor Onsite Workshop and Certification. We are warm, welcoming, friendly and supportive. You can stay on the farm with comfortable, clean lodging and delicious food. Let us help you succeed in this important professional milestone. We have great horses and supportive faculty. Please note this is one of the last opportunities to take both the workshop and certification at the same time.

June 4th: NARHA Registered Instructor Certification Day

Faculty: Lead Evaluator: Susan Adams of Atlantic Riding Center for the Handicapped, NJ. Susan is a NARHA Advanced Instructor.

Associate Evaluator: Lorna Young of Horse Power, NH. Lorna is a NARHA Advanced Instructor.

For more information, contact Kathy Wile, Registered Instructor and the Associate Director of the Horse Power Instructor Training School at (603) 654-6308.

Conference Workshops

Administration Track: Taking your Business to the Next Level for Success and Growth Tuesday June 3rd starting at 4pm & Wednesday June 4th, 2008

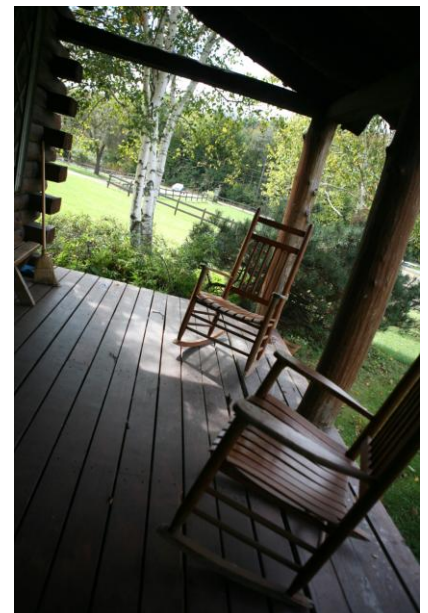
“Taking your Business to the Next Level for Success and Growth”

Target Audience: Equine Facilitated Mental Health Professionals and Educators; EFMH & NARHA Instructors; Program Directors; Administrators and Horse Business Owners

Learn to work smarter, not harder, to enjoy your business, and to reap financial and personal rewards. Our goal in this track is to help you boost your business.

You will have the opportunity to join with a confidential team to share your needs and worries. You will also meet with some terrific people who can give you professional support and guidance. Let's join together to keep our farms thriving despite difficult economic times.

Scholarship money is available for this workshop through the generosity of The Meetinghouse Foundation. We encourage you to call the office today to find the details of how to access this money and bring a team from your organization. Call 603-654-6308 and ask for Lauren.



Session Overview



Administration Track: Taking your Business to the Next Level for Success and Growth Thursday, June 3rd

- 4pm Arrive for check in
- 5pm Farm Tour
- 6:30pm Dinner
- 7:15-9pm Strategic Planning is for Everyone and Every Size Business

Without a plan, the journey is long and hard. See how exciting and energizing it can be as you gather your team to make your dreams come true!

Speaker: Isabella (Boo) McDaniel, M.Ed. in Organization and Management, Founder and Executive Dir. of Horse Power & Pony Farm; NARHA and CHA Master Instructor, EFMHA co-founder, NARHA Instructor Certification Committee

Organizational Development - What Stage are you in and What Does that Mean?

Helping blend mission and money, hopes and dreams with solid developmental steps. This is a tried and true process to help you know where you are starting and where you need to go next. Let us help take some of the guess work out of the development of your program.

Speaker: Isabella (Boo) McDaniel

Administration Track: Taking your Business to the Next Level for Success and Growth Wednesday, June 4th

8:45am Gather for Check-in with Boo.

No group introductions will be done during individual sessions. Each speaker will be given a brief bio of the participants so we can move immediately to topic.

9:00-10:15am Building the Team to Make the Mission come Alive

Motivating Employees, both full and part time, hiring for a good fit, along with interviewing “do’s and don’ts”, and managing for success!

Speaker: Robin C. Eichert, PeopleSense Consulting LLC

10:30-11:45 Taking Financial Management to New Heights for Your Organization

How to build a team to create sound budgets, cash flow projections, balance sheets, long range business plans and make excellent reports to board members and bankers. Hear the process from a team that has done this for both Horse Power and Pony Farm. We promise you will sleep better at night with the information you will learn.

Speaker: Lynn Rust, CPA, and Principal of Lynn Rust & Associates; Paul Martin, HP Board Member, Kris Young, General Manager and Deb Keating, Business Manager of Pony Farm and Horse Power.

12:00-12:45 Lunch

Session Overview



Administration Track: Taking your Business to the Next Level for Success and Growth (Continued) Wednesday, June 4th

12:45-2:00pm Marketing: Telling Your Story

Creating a strong brand and the process of developing a strategic marketing plan that works...including Public Relations and the brochures, email broadcasts, websites and direct mail pieces you use to promote your brand. Let us all stop 'hiding our light under a bushel basket'....Get the word out about your good works with solid promotion using new lower cost technologies.

Speaker: Meleena Eaton, Director of Marketing, EMI Strategic Marketing of Boston and Lauren Ricco, Marketing Director for Pony Farm and Horse

2:15- 3:30pm Insurance - What Good Local Coverage Looks and Feels Like

Insurance premiums are often our biggest budget line items while being our most confusing paperwork. It is mandatory to build a solid relationship with the local insurance broker so that farm liability, property and vehicle insurance, Worker's Comp, Health plans and Umbrella policies are correctly in place. Avoiding double coverage and wasted dollars. Let a well respected insurance team guide you through the process to help you relax & enjoy the fruits of your labors knowing you are well covered.

Speaker: Ken McGee, HP and PF Agent with Clark Mortenson Insurance Agency of Keene, NH and Kris Young PF/HP General Manager

3:45-5:00pm Fundraising with Confidence

Let us present you with our Horse Power and Pony Farm Fundraising plan, carefully crafted over the last two years of training and consulting. Take our ideas, take our success and learn from our failures so that you can go home and raise the money you need to make your dreams come alive and your passion flourish. This presentation will be down to earth, specific, common sense and do-able for general programs which do not have a paid development position or staff.

Speaker: Isabella (Boo) McDaniel, M.Ed. and the Development Committee of Horse Power and Pony Farm

5:00- 5:30pm Closing Ceremonies and Celebration of Your Team

6:00-7:00pm Symposium Opening Reception at Stepping Stone Lodge at Pony Farm and Horse Power

7:00pm Dinner for all guests of Stepping Stone Lodge

Folks not staying at lodge may purchase dinner for \$15 on registration form and must present ticket.

8:00pm Piano music and camaraderie for all

The best part of this Symposium is having everyone able to stay on site and really get to know each other. Dress after dinner is informal and comfy to go along with the ambiance! So plan to 'hang around', enjoy the music and relax with friends, new and old.

10:00pm The Great Room of Stepping Stone Lodge goes quiet for our guests

Those wishing to stay up later are welcome to move outside to the Campfire Circle to continue conversation or play some music.

Session Overview



Equine Facilitated Psychotherapy and Educator Track June 5 & 6, 2008

We encourage participants to attend both days as they build on each other

“It’s Their Nature that Helps Us Heal and Grow”

“The form of the horse exemplifies what is best in the human being. I have a horse within me who rarely reveals himself. But when I see another horse, then mine expresses himself. His form speaks.” Clarice Lispector

The nature of horses allows us to reconnect with aspects of ourselves that are ignored by Western culture. In this workshop, we will explore the horse’s nature and how we as mental health and education professionals can help our clients and students use the horse’s nature to build opportunities for healing and personal growth. We will provide opportunities for participants to experience activities that can aid in healing from trauma, mental illness and addiction while promoting personal growth.

SPECIAL NOTE: CEU’S for this workshop are in the final phase of confirmation. Please call the office to see if CEUs will be available for your clinical specialty: 603-654-6308.

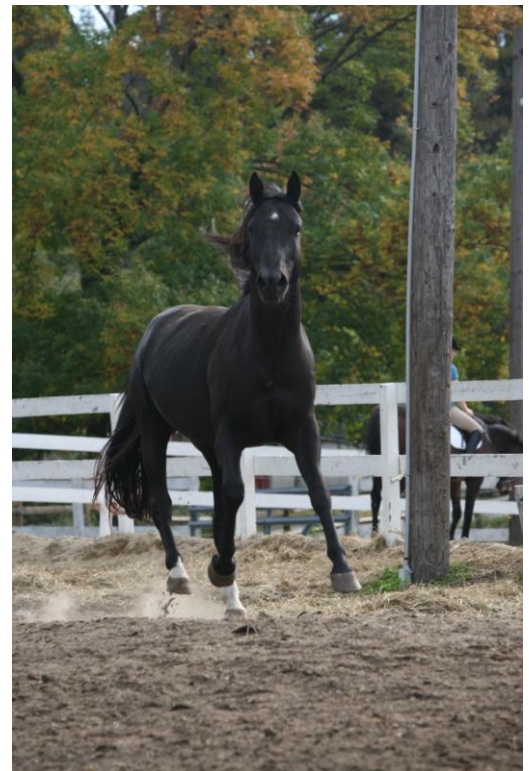
Participants will have the opportunity to:

- 1) Observe and experience how the nature of horses can help individuals build relationships, improve communications, use feelings as information, heal through movement, learn to rely on one another, and improve leadership capacity
- 2) Enlarge their ‘tool box’ of equine assisted therapeutic and wellness activities
- 3) Explore ways to utilize intake information to design interventions for healing and personal growth

The target audience is Mental Health Professionals, Educators and EFMH Equine Specialists.

CO-PRESENTERS: *Susanne Haseman*, Licensed Clinical Mental Health Counselor in Vermont and New Hampshire. Certified Equine Facilitated Interaction Professional—Mental Health. NARHA Certified Advanced Instructor. She founded her own Equine Facilitated Mental Health Practice called First Light Farm Counseling Services which provides counseling, animal assisted therapy, wellness groups, education and therapeutic horsemanship. Founding member & Treasurer for the Commission for Certified Equine Facilitated Mental Health and Education Professionals. She is Secretary of the EFMHA Board. She was a founding member of the NESAR/NARHA Region 1 Board. She is the Co-Founder of the Horse Power Instructor Training School. Later in life horsewoman.

Christine Cook Korben, Licensed Independent Clinical Social Worker. Mass. Riding Instructor, NARHA Certified Advanced Instructor, and Master Addictions Counselor. Community Counseling of Bristol County, Adjunct Faculty of Boston University School of Social Work & Bridgewater State College. Owner and Manager of Korben School of Holistic Horsemanship, an Equine Facilitated Psychotherapy practice. Life long horsewoman.



Session Overview



Equine Facilitated Psychotherapy and Educator Track Schedule Thursday June 5th

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| 9:00am | Opening Ceremony and Introductions at Stepping Stone Lodge at Pony Farm and Horse Power |
| 9:30am | The Healing Herd and Community |
| 10:00am | Observations of a Herd |
| 10:30am | Break |
| 10:45am | Process of the Observation |
| 12:15pm | Lunch.... short presentation about future EFP educational offerings being planned at Horse Power for 2008 and 2009...We want your input! |
| 1:30pm | What Horses Offer to our Clients and to Us |
| 2:15pm | Potential Exercises to Assist in Healing |
| 3:00pm | Break |
| 3:15pm | In the Arena—Experiencing the Horses |
| 4:30pm | Process |
| 5:00pm | Close for the day |
| 7:30-9pm | Treatment Planning for our Therapy Horses from Assessment to Implementation |

Learn how to prevent burn-out through:

- Clarity
- Consistency
- Choice
- Zero pressure
- Centered Softness

The session will feature horses and handlers and include information on:

- Assessment of a Horse
- Treatment Planning for Horses
- Implementing the Plans
- Assessing Progress
- Assessing Handler Needs Training

Speaker: Lassell Bartlett integrates over forty years of experience in the fields of mind/body awareness with professional expertise as a clinical social worker and therapeutic riding instructor, focusing on helping horses and humans develop the best relationships imaginable. She created the Horse Exercise Program whose focus is the mental, emotional and physical well being of therapy horses, to prevent burn-out through groundwork and rising. She created treatment places for consistent handling to resolve specific concerns.

Twilight Evening of Chatting, Enjoying the Farm, and Friends, New & Old

Session Overview



Equine Facilitated Psychotherapy and Educator Track Schedule Friday June 6th

- 9:00am** Opening Ceremony and Check-In
- 9:30am** How Therapy and Education Goals Guide the Work
- 10:15am** Break
- 10:30am** Designing a Session, Treatment Plans and Writing Notes
- 12:15pm** Lunch
- 1:30pm** Into the arena—Run-through Using Treatment Plans we Designed
- 3:00pm** Quest
- 4:45pm** Process and Closing Ceremony
- 6:30pm** *Evening Festivities for All: “Let the Good Times Roll”*

A Country Chicken Barbeque with Fiddlers and Fine Fare for All

Enjoy watching the Pony Farm riders canter and jump under the ring lights as the carriages take you on a ride down Memory Lane at the Stage Coach Stop. Visit the home of Boo McDaniel and see the original Stenciling, old School House, Birthing room and Stage Coach waiting Room. Learn the farm’s history from 1754 and see the actual Indian shutters and the children’s hiding place from the ‘natives’. Turn back the clock and enjoy a real old fashioned evening of fun and relaxation.

Session Overview



Therapeutic Horsemanship and EFMH Instructor Track June 5 & 6, 2008

This track may be taken for both days or only for one day...Different focus for each day will make it come alive!

“Making Your Teaching Come Alive: Healing Hearts, Minds & Bodies”

See firsthand about the healing power of horses by working alongside real students, certified instructors and therapy horses. We hope that this hands-on class format will fuel you with new ideas for your own classes!

This track will showcase seasoned instructors who have helped establish the field of therapeutic riding, become certified professionals, and made a difference in the lives of their students.

Therapeutic Horsemanship and EFMH Instructor Track Schedule Thursday June 5th

9am Registration

On the second floor of the main Horse Power Barn, coffee and donuts will be available for all.

Welcome by Kathy Wile, Assoc. Director of Horse Power Instructor Training School and Lorna Young, Pony Farm Program Director.

9:30-10:15am The Many Faces of Autism

Join Terri Devlin, John and Gretski as they journey down the mysterious paths of Autism, one of the major diagnoses in the DSMIV. This will be a rare glimpse into the magic that can happen between client and horse with the right team and the right direction.

Instructor: Terri Devlin, Horse Power Program Director, NARHA Advanced Instructor, NARHA Associate Evaluator, NH State Rep for Region 1.

10:30-11:30 Natural Horsemanship: Partnership, Boundaries, Connection, Staying in the Moment; Congruency....the Sky is the Limit

Join Jessy Savage, MSW, Christie Greene, MSW, Group Home Clinical Coordinator, and Denise Hopkins, Horse Power and Pony Farm Natural Horsemanship Equine Trainer as they work their charms with the young women from the Antrim Girls' Shelter, the only all girls' state facilitated group shelter for adolescent girls. Watch as the girls teach the horses, and the horses teach the girls life lessons that cannot be learned in talk therapy or out of a book.

Instructor: Jessy Savage, MSW, NARHA Registered Instructor, Equine Manager for Pony Farm and Horse Power.

Session Overview



Therapeutic Horsemanship and EFMH Instructor Track Schedule (Continued) Thursday June 5th

11:45-12:45 “Earthkeepers”

A farm animal, organic gardening and wildlife habitat assisted education program. We are excited to unveil our newest, most innovative program at Horse Power and Pony Farm. This dynamic program is Animal Assisted Education to the max. Horse Power and Pony Farm have joined forces with the Temple Elementary School (Kindergarten through 4th grade) to create a school year long program of environmental, experiential and farm based education program which may be a pioneer of such programs nationally. Using the NH state mandated based curriculum, the teaching staff of Temple Elementary school, local farmers, and a strong team of certified Animal and Gardening Educators have created the program.



Meet the kids. Let them introduce you to their animals, show you their gardens, and meet their wildlife friends. We hope you will come dressed to get a little dirty! A picnic lunch will be served for all, topped off by an Ice Cream Social with ice cream from our local dairy!

Presenters: Temple Elementary School Staff, Bella and Gene Martin, Sue Piscopo, DVM, Arlene Laurentiis, Master Gardener, Audrey Robinson, RN, Master Gardener and Wildlife Rehabilitator, Kin Shilling, Master Gardener and Isabella (Boo) McDaniel, M.Ed.

1:00-2:30pm Therapeutic Driving and its Benefits for Adults with Physical and Cognitive Challenges

It is our hope to inspire you to make driving a part of your program to meet the needs of many clients for whom riding is not an option. The Horse Power Therapeutic Driving Team of Instructors, able bodied whips and volunteers will assist adult drivers who have acquired surprising skills through driving. Watch these folks drive, see different vehicles in action and experience firsthand how effective driving can be.

Instructors: Dave Bradham, Horse Power Driving Program Director, NARHA Certified Driving Instructor and NARHA Driving Evaluator Apprentice, Liz Herrick, NARHA Certified Driving Instructor, Steve Cash, NARHA Certified Driving Instructor, Don Hart and Bev Salo.

2:45- 4:15pm Interactive Vaulting and its Benefits - Making Vaulting a Part of your Program to Meet the Specific Needs of Many Clients

It is our hope that you will see the multiple benefits of adding vaulting to your program. Live demos, discussion and presentation will introduce how to find and select the right vaulting horse. Many activities that can be included in the vaulting session will be discussed to help you see how self esteem, team building, coordination, focus, responsibility and interpersonal growth truly grow by leaps and bounds!

Instructors: Gisella Rhodes, the one who brought Interactive Vaulting to this country from Germany and has shepherded the vaulting workshop and certification process now in place with NARHA. Terri Devlin, soon to be certified as a NARHA Vaulting Instructor.

4:30- 5:15pm Therapeutic Driving for Mental Health and Education

We hope to expand what your vision of what therapeutic driving can become. Watch as these youngsters strut their stuff over a cones course, through obstacles or remembering a dressage test. Driving is not just for those in wheelchairs. See how these teenagers responsibly take up the reins and drive with care, thought and planning.

Instructors: The Driving Team of Wediko Children’s Services and the Horse Power Therapeutic Driving Club members

Session Overview



Therapeutic Horsemanship and EFMH Instructor Track Schedule (Continued) Thursday June 5th

5:15- 6:00pm Let's Really Teach our Riders to Ride and Ride Well

As we all get excited about the wonders of groundwork and natural horsemanship, or the lesson hour shrinks to 45 minutes, or the trails disappear in our neighborhoods, let's stay staunchly committed to making sure we really teach good riding and mounted skills. Our students and our horses deserve high quality, skill based, consistent and challenging mounted lessons.

Instructor: Jessy Savage, MSW, NARHA Registered Instructor

7:30-9pm Treatment Planning for our Therapy Horses from Assessment to Implementation

Learn how to prevent burn-out through:

- Clarity
- Consistency
- Choice
- Zero pressure
- Centered Softness

The session will feature horses and handlers and include information on:

- Assessment of a Horse
- Treatment Planning for Horses
- Implementing the Plans
- Assessing Progress
- Assessing Handler Needs Training

Speaker: Lassell Bartlett integrates over forty years of experience in the fields of mind/body awareness with professional expertise as a clinical social worker and therapeutic riding instructor, focusing on helping horses and humans develop the best relationships imaginable. She created the Horse Exercise Program whose focus is the mental, emotional and physical well being of therapy horses, to prevent burn-out through groundwork and rising. She created treatment places for consistent handling to resolve specific concerns.

Twilight Evening of Chatting, Enjoying the Farm, and Friends, New & Old



Session Overview



Therapeutic Horsemanship and EFMH Instructor Track Schedule Friday June 6th

“Helping Your Therapy Horses Do Their Life Granting Job with a Happy Heart, a Sound Body and a Full Spirit”

We invite you to share in the essential work of keeping our horses alert, happy and energized for their work in our programs. This will be work in the rings and barns with therapy horses and the people who partner with them to do this work.

Our Goal is to showcase true horse people who have learned their craft from the ground up, through long hours and with many horses...and then added the certifications and professionalism necessary to earn a living working with horses. These are the two footed ‘troopers’ who keep the four footed “troopers” going, student after student, year after year.

9am Registration

On the second floor of the main Horse Power Barn, coffee and donuts will be available for all.

Welcome by Lauren Riccio, HP and PF Director of Marketing and PF Instructor and Jessy Savage, MSW, Horse Power/Pony Farm Equine Manager and NARHA Registered Instructor.

9:30-11:00am Common Sense Training of the Therapy Horse

How to humanely, simply and effectively work with your therapy horses to help them be happy in their job, obedient without “shutting down” and tolerant of multiple handlers. Using the methods of Frank Bell and a thorough knowledge of actual horses in a therapy program, Denise Hopkins will show specific tips and tools to calm, energize, soothe horses to accept difficult mounts, standing still, inconsistent handlers, pawing, biting and kicking. Give your therapy horses new ways of relieving stress while making them listen when you and your horse handling team “Whisper”.

Speaker: Denise Hopkins, Saddle Up University, Certified Frank Bell Trainer

11:15- 12:45 Your Grateful Horse-Creating Symmetry Between Horse and Rider

This presentation will show how simple bodywork techniques can re-pattern asymmetries in a horse and rider. After a simple alignment on both horse and rider, participants can watch as a beginning rider is assisted in finding a new level of harmony and balance. Observe the changes in the communication between horse and rider as the presenter teaches a new understanding of the bio-mechanics of position and see the effects on the horse as they’re applied.

Instructor: Tracy McGowan, Founder of “Your Grateful Horse”, Equine Body Works Specialist since 1993, NARHA Registered Instructor and National Clinician

Session Overview



Therapeutic Horsemanship and EFMH Instructor Track Schedule (Continued) Friday June 6th

1-2:00pm Lunch

Presentation of the Horse Power Instructor Training School Fall 2008 program and the Horse Power 10 Day January Intensive for Instructors. Let us find the right place for you at Horse Power.

Presented by: the Horse Power Instructor Training School Faculty and graduates.

2:00- 3:30pm Integrated Riding - Enhancing Learning by Integrating the Mind/Body Connection in Therapeutic Riding through the exciting new ideas of BRAIN GYM.

Integrated Riding combines a series of exercises both on and off the horse which enhance the brain's ability to learn. Combining an exciting array of techniques from Centered Riding, Brain Gym Activities and Movement Based Learning Exercises, this innovative riding lesson will feature two students on two horses. We hope to be able to actually witness the exciting new ways to stimulate appropriate Neuro synapse reflexes that allow access to whole brain learning. Using the movement of the horses' and the release of the riders' bodies through Integrated Riding techniques, we can open whole new vistas for teaching success, rider release and horse comfort open.

Instructor: Judy Cross, NARHA Advanced Instructor, Centered Riding Level 4 Instructor, World-wide Clinician, Faculty at the University of Maine's Equine Program and Co-Owner of Northern Maine Riding Adventures

3:45- 5:00pm Let the Creative Juices Flow

Come ready to share your best creative idea of a game, a piece of adaptive equipment, a new saddle, stirrup or bareback pad, Sensory trail station or just plain old good teaching prop. Let's join forces together to see what newest or good old stand bys help us teach our students better while keeping our horses more comfortable. What do we think about bitless bridles....should we let our students use bits, when and how soon and how often? Which pads work the best? How can we make our horses the happiest they can be because they are comfortable and at ease in their work?

Tea and Cookies will be doled out, with the best ideas getting the most cookies. Let's have some fun and learn together. You are welcome to bring your idea or just describe it for the group.

Session Overview



Evening Fun Friday June 6th

6:30pm "Let the Good Times Roll"

A Country Chicken Barbeque with Fiddlers and Fine Fare for All
Enjoy watching the Pony Farm riders canter and jump under the ring lights as the carriages take you on a ride down Memory Lane at the Stage Coach Stop....Visit the home of Boo McDaniel and see the original Stenciling, old School House, Birthing room and Stage Coach waiting Room...Learn the farm's history from 1754.....and see the actual Indian shutters and the children's hiding place from the 'natives'...Turn back the clock and enjoy a real old fashioned evening of fun and relaxation.

Equine Advocacy Track June 7, 2008

"Our B'loved Equine Partners: *The Centerpieces of Therapeutic Riding*"

As Equine Caregivers, we must pledge to treat our horses with compassion, dignity, respect and empathy. They must receive proper health care, conditioning and training. They must be carefully selected and screened to ensure they are fit to work in a therapeutic setting.

Join a heartfelt team of Equine Advocates, knowledgeable professionals and lifelong horse people as we tackle the difficult questions and dilemmas facing our horses in the field of therapeutic riding and horsemanship. Help the fledgling NARHA Equine Advocacy Task Force and begin critical dialogue about the best course of Equine Advocacy. We invite and welcome you, on behalf of our Equine Partners to join us on this exciting day.

Our Goal is to begin to explore difficult topics. We must go beyond asking the simple questions of how often a horse should work in a NARHA program, how to fit a saddle for comfort, and how hooves should be shod. We must hit the harder, core topics. The horses of NARHA deserve our careful thought and judgment. This is just the beginning of what will be an ongoing discussion and education process about what true Equine Advocacy at NARHA and our centers is. We invite you to play a groundbreaking role in the beginning Equine Advocacy with NARHA.

****Please note that Horse Power and Pony Farm will be donating 25% of the net of registration fees for this day to begin the work of Equine Advocacy in preparation for the NARHA National Conference in Hartford, CT. Several members of the original Equine Advocacy Task Force members are donating their time, thus gathering more money. Should you wish to donate additional funds, please speak with Boo McDaniel who will work with NARHA for a special Equine Advocacy fund for work to be done. Thank you in advance.*



Session Overview



Equine Advocacy Track: Saturday June 7th

9am Registration and Greetings at Stepping Stone Lodge

Coffee and Donuts available for all.

Welcome by Boo McDaniel and members of the NARHA Equine Advocacy Task Force.

9:30am Introductions of the Participants

10:00-10:30 Blessings of the Animals....Horses, Ponies, Minis, Farm Animals

Honoring of Their Important Work in today's world. Participants are encouraged to bring pictures of special animals in their lives to be included in the Blessing. Will take place in front of Stepping Stone Lodge.

The Rt. Rev. Donald Hart, Retired Bishop and Horse Power Board President and Therapeutic Driving Club active member to officiate

10:45-12:30 "How Lamé is too Lamé?"

So many of our therapy horses comes to us later in life with lameness issues. It is most important to take a clinical, educated and thoughtful look at lameness limits and horse comfort. What are some of the lamenesses that are complete knockouts? What treatments and procedures can we use to keep our horses comfortable without breaking the bank? How can we do preventative maintenance and when has the limit been reached when the horse is just not comfortable, no matter how much we love them?

Presenter: Dr. Grant Myhrle, DVM of Myhrle Equine Clinic, Rochester, NH will be our excellent presenter for this portion. He has started his own veterinary hospital, alternative high school and therapeutic riding program on site at his Equine Clinic. We are most honored to have this great veterinarian

12:30-2pm Luncheon Panel: How can NARHA Centers Best Advocate for their Horses?

We want to hear from you! What are the Equine Advocacy Issues you feel are facing today's Equines at our centers? What can be done on a regional or local level to promote wellness and advocate for the Equines? We will gather as a group with some members of the Equine Advocacy Task Force as our facilitators to ask you to give us your serious concerns.

Lead facilitator: Boo McDaniel, Marj Kittredge, Kristen Mason, Clare Thomas, Judy Cross, Kristen McGraw, to name a few who have stepped up to help out!

Please give significant thought to your suggestion....We encourage you to bring a written 2-3 paragraphs of information with your name and contact info. We will hope to have this information gathering session be filled with fact and 'head' rather than emotion and 'heart'. We want to make this work happen! You will see the follow up at a special presentation at the NARHA national conference in Hartford, Ct.

Session Overview



Equine Advocacy Track (Continued) Saturday June 7th

2-3pm Where to Find Suitable Horses for the Therapeutic Horsemanship Setting and the All Important Donation Process

Keeping it safe, legal and positive for all parties: the horse, the donor, the riders, the facility....This presentation will cover the thorough and detailed process that has been honed over time at High Hopes in Old Lyme, Ct. The goal is to get the right horses with the appropriate temperaments and mental & physical attributes to work long, hard and joyfully in our programs. Audience participants will be asked to give sources for horses that have proven successful for their programs.

Presenter: Kristen Mason of High Hopes, NARHA Advanced Instructor, High Hopes Instructor Training School Facilitator, NARHA Evaluator

3:15-4:30pm When is it Time to put down a Beloved Horse? The Head and Heart of Making the Right, Ethical Decision?

Hard as it might be, we all have to face the end of life for one of our beloved horses. This presentation will cover the progression of making the decision to euthanize a horse with gentleness and sensitivity....from the involvement of the vet, the rehabilitative people, the direct care staff, the owner of the horse and the instructors who work with him every day. With high sensitivity to the audience, this difficult decision will be chronicled so people can begin to understand the complexity of the decision, the way a horse is euthanized and the disposal of the body. It is our hope to help participants create their own plan in advance of needing to use it so that the trauma for both equine and humans is reduced as much as possible while not leaving a horse to suffer while their humans are deliberating.

Facilitators: Lead: Boo McDaniel with Marj Kittredge, Shiloh Porter-Elliott, Judy Cross, Jessy Savage, Don Hart, Terri Devlin and other members of the Equine Advocacy Task Force

4:30- 5:30pm Once the Decision is Made, How Do We best Take Care of the People Who Love the Horses?

How can we make a preplan to best prepare ourselves and our staff/volunteers/riders/donors....Session will end with a Closing Ceremony in our Horse Memory Garden.

5:45pm Final Goodbyes and Wrap Up

7:00pm Night on the town...or peaceful simple dinner at the lodge....

Equine Advocacy Group meet for dinner to make plans for presentation at the NARHA Conference in Hartford, CT in November 2008



Session Overview



Post-Conference Event

Meditation Mountain Ride: *Healing Your heart, mind and body* **Sunday June 8, 2008**

Ride Leader: Boo McDaniel and her favorite horse Jerry

Time: Ride will begin at 9am at the Stepping Stone Lodge, first come first serve, and will conclude by 5pm

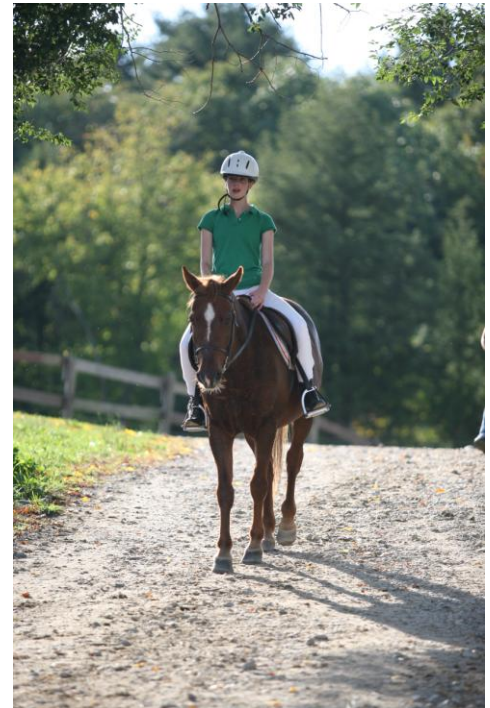
Give yourself a treat after the symposium and join me for a peaceful, 3 hour, mountain top horseback ride to a location I consider sacred. We will carry picnic lunch delicacies and our cameras in preparation for a lovely day in the great New Hampshire outdoors. We will be treated to four simple meditations as we slowly climb to the mountain top, which affords views of four states. This is my quiet and reflective space, and I would like to share it with a small group of special people.

The picnic, horse, equipment and experience will be provided for you. All you need to be able to do is ride at a walk and trot on a trained trail horse. Two or three trail guides will journey with us to assist the group.

This ride is in honor of Dr. Suz Brooks, one of my great mentors. Suz has been a leader, providing both spirit and guidance, as we forged EFMHA, made procedures and protocols, and helped make “Animal Assisted Activities and Therapy” household words. Without her, the field would not be where it is today!

Suz is struggling with cancer. In her honor, all proceeds from this ride will go to a “Thrivers Weekend” getaway planned in the fall at Horse Power. The weekend will also welcome many other wonderful people who are struggling with chronic illnesses such as cancer, heart problems or asthma. All proceeds from this ride will go to defray the cost of this wellness weekend, which will be at no charge to any of the participants.

There is no set fee required to participate in this ride. I ask that you donate meaningfully, knowing that not only is your donation tax deductible but it will help pay for someone to attend the “Thrivers Weekend”.



Registration and Accommodations

Name _____ Center _____

Address _____

Day phone _____ Email _____

NARHA Registered Instructor Onsite Workshop Registration

June 2-4th starts promptly at 8am; You will need a copy of your Phase One letter from NARHA to complete registration. Registration due by May 10th, 2008.

Workshop Attendance _____ \$350

Certification _____ \$175

Horses & Healing Symposium Registration

June 5-7 2008 Conference: _____ (number of conference passes) \$375 which includes any tracks of the three day conference

Onsite lodging and all meals: _____ (number of nights) \$100 per night and includes 3 meals a day. Please check which nights you will be staying with us:

| Sunday June 1st | Monday June 2 nd | Tuesday June 3 rd | Wednesday June 4th | Thursday June 5th | Friday June 6 th | Saturday June 7th | Sunday June 8th |
|--------------------|--------------------------------|---------------------------------|-----------------------|----------------------|--------------------------------|----------------------|--------------------|
| | | | | | | | |

Individual meal tickets for those not lodging onsite can be purchased for : _____ (number of meals) \$8/breakfast, _____ (number of meals) \$12/lunch, _____ (number of meals) \$15/dinner

Symposium Schedule and Individual Track Registration

- Administrator Track Taking Your Business to The Next Level For Success & Growth Seminar _____ \$125
June 4th, 2008 9am-5pm
- Therapeutic Horsemanship and EFMH Instructor Track _____ \$150 per day or \$275 for both
- Equine Facilitated Psychotherapy and Educator Track _____ \$150 per day or \$275 for both
June 5th and 6th, 2008 9am-5pm
- Equine Advocacy Track _____ \$150
June 7th, 2008 9am-5pm
- 1st Annual Mountain Meditation Trail Ride _____ (number of riders) donations requested with the proceeds benefiting the Horse Power sponsored fall weekend getaway for those suffering from chronic illness.
June 8th, 2008 9am-3pm

Total Cost \$ _____

Visa or MC number _____

Expires _____

Cardholder signature _____

All payments for the Symposium lodging or extra meals should be made out to Horse Power, Inc.

Registration and Accommodations

Plan to stay onsite in Stepping Stone Lodge for \$100 per night, which will include cozy shared rooms and baths, along with breakfast, lunch and dinner! Plan to bring your own sleeping bag and towel. No travel, great hospitality and excellent food

Sorry, we can not allow pets or smoking in the Lodge. We discourage children from attending as we do not offer childcare.

The organizers of this event reserve to right to alter or cancel sessions or speakers at their discretion.

Early June in NH can bring all sorts of weather. This event will be held even in the case of rain so plan to dress accordingly.

Questions about the Symposium can be directed to Lauren Riccio in the farm office at (603) 654-6308 or by emailing laurenriccio@yahoo.com

Refunds are offered for cancelations up until May 25th, 2008 minus a 20% administrative fee.

We recommend you fly into the new, easily accessible airport in Manchester, NH. We encourage shared rides to the farm with L.A. Limousine, with Tina who can arrange car pools. Her telephone number is 603-654-3899.

If you wish to rent a car we recommend any of the carriers with locations at the Manchester Airport.

